

WASH Newsletter

November/December 2021

WASH Website:

https://www.sacramentowatercolor.org

Sacramento Arts Center Website: https://www.sacfinearts.org/

WASH Board Members

Elected Positions:

President Ralph F. Wilson

Secretary Diane Pargament

Treasurer Edward Bostley

Program Chair Tana Smith

Show Coordinator Alyslynn Lemke

Membership Chair Sally Bostley

Liaison with SacArts Nancy Wedick

Newsletter Editor Sandie Mele

Workshop Chair Cindy Farmer

Appointed Positions:

Scholarship Kaye Lochridge **Scholarship** Jan Curry

Webmaster Gary Mele

Hospitality Barbara Little **Hospitality** Cyndy Spita

Social Media Helen Plenert

Video Library Charlotte Richmond

Coordinator of Volunteers: Wyleta McDanniel

A MESSAGE FROM THE PRESIDENT

Painting for the Joy of It

By Ralph F. Wilson, WASH President 2018-2021

I'm currently finishing a quarter-sheet of spring tulips from a photo my sister-in-law sent of her English garden in Lincolnshire. I'm having fun.

Why do I enjoy painting flowers so much? I don't like to plant them; that's my wife's thing. But I am drawn to their color and delicacy and beauty. Again, and again. Flower after flower. Springtime after springtime. It's October now, and I'm still at it. I've completed eleven paintings of flowers in 2021 so far, and my tulips make twelve.

What's wrong here? Flowers aren't really considered very masculine after all. Women should be painting flowers, not real men! Am I fixated on flowers? (Not really, I decide. I do paint lots of other things.)

I had painted this particular tulip bed two years ago. But on Saturday, I wanted to relax and unwind. So I chose to spend time in that same bed of flowers again. Oh, it's a larger painting this time, and I moved some tulips and cropped a bit tighter. But here I am enjoying myself. Relaxing in the beauty and color. And that's okay

I want to encourage you to consider what brings *you* joy to paint? What attracts you? What about painting it do you enjoy? Life is too short to spend time painting things that don't really bring you pleasure.

Reflect on what brings you joy and peace when you paint them. Maybe it's the process itself. Who knows? Find something to paint that promises you joy. Decide on a structure and center of interest, and go for it! Joy is good. Paint what brings you joy. Why not start a joyful painting today?



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NEW MEMBER

WASH would like to welcome a new member to our club: **Pam Aras from Carmichael**. Please welcome Pam at our next meeting.

Members are renewing online and it is faster and easier. If you choose to renew online, please check your personal information, especially your phone number, address and especially your email address. This is a good chance to get it corrected if you have moved or changed email carriers.

Also, when renewing, our membership is one full year, so if you renew early, your renewal date will be a full year from your actual renewal date, not the date you are renewing. If your membership goes to Nov. 1, 2021 and you renew October 4, your new date will be Nov. 1, 2022 or a full year from your previous renewal date so don't be afraid you will lose any time by renewing early. Sometimes it's just easier to sit down on a weekend and do the renewal rather than wait for the renewal date. You can use the extra time to paint.

https://www.sacfinearts.org/membership193bc6ca#join

JOIN US!

WASH meets on the second Monday of the month except July, August and December. Meetings will be held online via Zoom and also in person. You're welcome to attend whichever way you feel comfortable. Watch for an email with the Zoom link.

"Creativity is not a means of escape. It is precisely the opposite. A meeting place...for all that wants to be known." By Teresa Howard

Go with the Flow

WASH 43rd Annual Open Show – Awards Best in Show



Cathedral Banners
By Stephen Walters

1st Award of Excellence



Crossing Cultures
By Jo Kopp



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OCTOBER MEETING AND DEMONSTRATION

October 11, 7:00 PM

Our October meeting was in person and also available on Zoom. Karen Kramer was our inperson watercolor demonstrator. It was a fascinating demonstration where she shared her unique method of using watercolor paint and water. Karen said she loves nature but doesn't paint the typical landscapes or flowers. Instead, her vision is to capture the joyful feeling she has being in nature. Many of her paintings are unique landscapes and flowers of California. Karen uses her own composition and layering techniques to provide a different perspective.





NOVEMBER MEETING AND DEMONSTRATION

November 8, 1:30 PM

Carol Hawkins will demonstrate her use of acrylic paints. Carol has been a professional painter for nearly 25 years and has taught painting for nearly as long. Her use of acrylic with mixed media is well known in our region and beyond. Acrylic, as well as gouache, casein, and tempera are seldom used by WASH members but have always been listed as permitted mediums in our show prospectus, as long as they are somewhat diluted. Many of the paintings in the traveling AWS show are totally or partially acrylic. Join us in person in November for a different perspective on watercolor.



Note: There will not be a meeting or demonstration in December. Happy holidays!

Future Demonstrations (Tentative):

January, Pat Moseuk

February, Diane Pargament;

March, Ted Nuttall;

April, Pat Abraham;

May, Gina Lijoi;

June, lian Steward



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PAINTING OF THE MONTH

The Painting of the Month Contest is free to all members and one painting may be entered per month. Non-members are allowed a one-time entry and encouraged to join. We would like all the contestants to come to the general Zoom meeting and say a few words about their painting after the demo. All PoM entries will automatically be entered in the Painting of the Year Contest. Send painting image to alyslynn@att.net with the name of the piece by the Friday before the general meeting.

